

East Falls **NOW**

Vol. 2, No. 9

January 2020

eastfallsnow.com • FREE



Works begins on former Rivage Ballroom site

The first sign of work began in December on development of the former Rivage Ballroom site at Kelly Dr. and Calumet St. Developer David Grasso told EF NOW that demolition of the one-story building could take place as early as February. He plans a five-story, 144-unit apartment building with parking and retail on the ground floor.

NouVaux – New market on Vaux St.

by Cory Czuczman

When Ed Lampe, a 26-year East Falls resident, saw the opportunity to become owner of what was then the Tilden Market, he didn't hesitate to jump at the chance.

"I've always liked retail my whole life because I got to interact with people. I saw this as an opportunity to serve my community, and I want to see its full potential," Lampe told East Falls NOW.

Whether you're meeting with Lampe himself, or his current co-worker and right-hand man, Rodney Pagan, you can stop in and get a chance to see some of that

potential. While there is still some left over stock from the former Tilden Market, NouVaux now also hosts healthy foods such as fresh fruits and vegetables alongside vegetarian, vegan, and gluten free options.

But it doesn't end there. When asked where he sees the future of NouVaux, Lampe says the key theme is "healthy," but with an overall balance of items, including soon-to-come organic produce, more gluten-free options, fresh deli meats, house-made sandwiches, and coffee to go.

The market also currently offers a few housewares and hardware items, including seasonal winter gear such as

(Continued on page 10)



Blue Jay (Getty Images)

Mid-winter Bird census set for Saturday, Jan. 11

by Winston Moody

East Falls residents will have an opportunity to assist with the annual Philadelphia Mid-Winter Bird Census on Saturday, Jan. 11 – a city-wide effort to identify and count birds by neighborhood.

The effort in East Falls will be headed by census recorders

Phil Hineline, Wendy Moody and myself, as we identify and count birds for this annual census.

If you live in East Falls and have an active bird feeder, you can help in two ways:

(1) Call or email us before the census date so that we can add your address to our

(Continued on page 4)

EFCC meeting Mon., Jan. 13

The East Falls Community Council's next general membership meeting will take place at 7 pm Monday, Jan. 13 at the EF Presbyterian Church, Midvale Ave. and Vaux St.

The agenda will include a

report from city Parks & Recreation Department officials and their architecture landscape firm on plans for the McMichael Park nature play area and improvements.

From Guatemala to East Falls: Volunteer team addresses health care needs of 14-year-old

by Robert Rabinowitz

Most people know that Philadelphia is a mecca for medical treatment. With its hospitals and medical schools, it is an international hub for advanced health care.

Yet, except for the commitment of some unique organizations and volunteers, that care is as far away as Mars for families without deep financial pockets.

My wife, Donna, and I have been honored to serve as volunteers for Hosts for Hospitals.

This organization strives to enable families from many geographic locations to stay at local volunteer homes while they receive care at Philadelphia-area area hospitals.

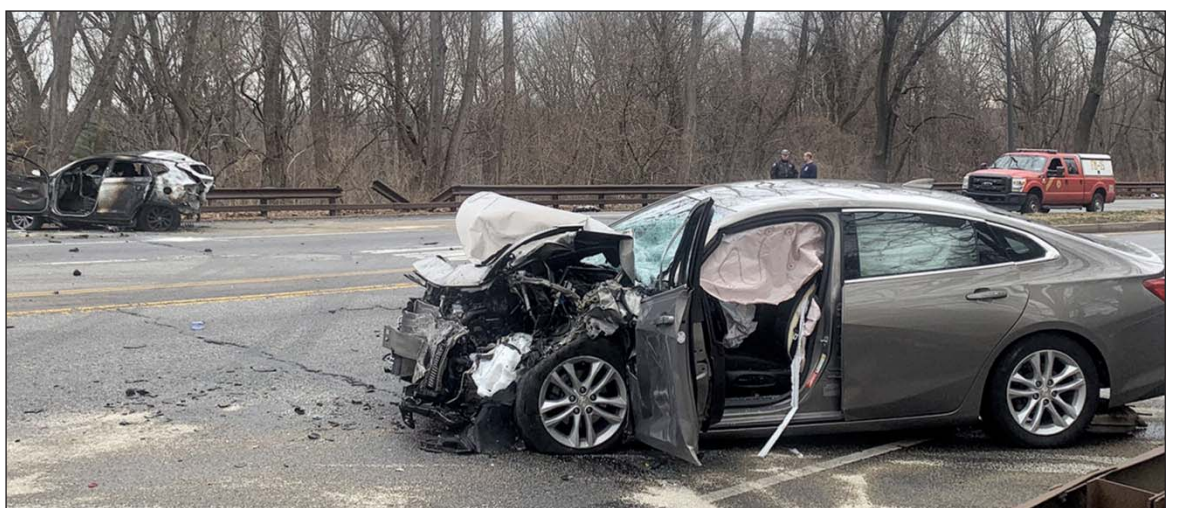
Hosts for Hospitals works with, among others, the World Pediatric Project – a group that provides in-country volunteer physicians to care for children from Central America and the Caribbean. When essential life-saving treatment is not available in their native country, the children are connected with Shriners Hospital in North-

east Philadelphia.

The World Pediatric Project's core belief is that "where you live ought not to determine whether you live." Hosts for Hospitals addresses the needs of families whose insurance and personal resources can cover the cost of medical care but who are unable to afford hotel fees for extended stays.

Donna and I have been providing lodging for Lesly and Sofia, a Spanish-speaking Guatemalan family. Sofia, 14, has such severe scoliosis

(Continued on page 11)



Another Fatality on Henry Ave.

One person was killed on Dec. 27 in a collision on Henry Ave. near DuPont St. Police said that a car driven by a 62-year-old man traveling southbound on Henry Ave. struck a second car stopped for a red light. The force of the collision forced the second car to spin into the northbound lanes and catch fire, trapping its driver. The driver was pronounced dead at the scene. Photo courtesy of WPVI-TV Action News.

Your January 2020 East Falls *NOW* Calendar

Falls of the Schuylkill Library January hours: Monday and Wednesday, 12 noon to 8 pm; Tuesday and Thursday, 10 am to 6 pm; Friday, 10 am to 5 pm; and Saturday, 11 am to 5 pm.
The Literary Enrichment Afterschool Program (LEAP), the Free Library’s drop-

in after school program, will take place through January. It offers homework assistance, computer literacy and library skills for students in grades K to 12. LEAP also offers daily literacy enrichment activities for elementary school students. LEAP takes place Monday through Thursday

from 3 to 5:30 pm and Saturday from 1 to 5 pm. No sign-ups are required; children under seven must be accompanied by a caregiver. Visit the Falls Library to obtain the LEAP monthly calendar.
The Library will be closed Jan. 1 for New Years and Jan. 20 in observance of

Martin Luther King Day. It will open late at 2 PM on Thursday, Jan. 9 for staff development. The program Read with a Therapy Dog is taking a hiatus. For more information call Librarians Drew Birden or Meredith McGovern, 215-685-2093.

4 Saturday

1 to 3 pm: Yoga and mindfulness for kids as they make their own sensory bottles, Falls Library, (Pg. 6)

5 Sunday

3 to 5 pm: EF Village Winter Gathering, Jefferson University Tuttleman Center (Pg. 8)

7 Tuesday

10 am: EF Village Tuesday morning yoga begins (Pg. 8)

12 noon: Red Cross blood drive, Falls Library (Pg. 6)

8 Wednesday

11:30 pm: EF Village Lunch of the Month at The White Yak (Pg. 8)

4 pm: US Census Bureau job fair, Falls Library (Pg. 8)

9 Thursday

2 pm: Falls Library opens late due to staff development (Pg. 6)

2 pm: EF Village Thursday afternoon yoga begins (Pg. 8)

7:30 pm: REF Town Watch monthly meeting, 3540 Indian Queen Ln. (Pg. 5)

10 Friday

8 pm: Neil Simon’s Barefoot in the Park opens, Old Academy Playhouse, 3540 Indian Queen Ln. (Pg. 9)

11 Saturday

10 am to 12 noon: EF Town Watch Litter Crew Ahead Clean-up under the Twin Bridges (Pg. 5)

1 to 3 pm: Nature Observations for children, Falls Library (Pg. 6)

13 Monday

6:30 pm: Philadelphia Stoics monthly discussion group, Falls Library (Pg. 6)

7 pm: East Falls Community Council general membership meeting (Pg. 1)

14 Tuesday

10:15 am: Music and Movement Time for babies and toddlers, Falls Library (Pg. 6)

10 am: EF Village Tuesday morning yoga (Pg. 8)

15 Wednesday

6 pm: EF Town Watch meets with 39th District Police Service Area 1 (Pg. 5)

6:30 pm: Get started on a better fitness journey, Falls Library (Pg. 6)

16 Thursday

11 am: World Storytime and Play for children two to six, Falls Library (Pg.6)

2 pm: EF Village Thursday afternoon yoga (Pg. 8)

3:30 pm: World Storytime and Play for school-aged children, Falls Library (Pg. 6)

18 Saturday

1 to 3 pm: Breathing Buddies for kids in yoga and meditation, Falls Library (Pg. 6)

20 Monday
Falls Library closed for Martin Luther King Day (Pg. 6)

21 Tuesday

10 am: EF Village Tuesday morning yoga (Pg. 8)

10:15 am: Music and Movement Time for babies and toddlers, Falls Library (Pg. 6)

23 Thursday

2 pm: EF Village Thursday afternoon yoga (Pg. 8)

27 Monday

6 pm: Falls Book Group meets at the Falls Library (Pg. 6)

6 pm: EF Town Watch meeting with 39th District Police (Pg. 5)

28 Tuesday

10 am: EF Village Tuesday morning yoga (Pg. 8)

10:15 am: Music and Movement Time for babies and toddlers, Falls Library (Pg. 8)

30 Thursday

11 am: World Storytime and Play for children two to six, Falls Library (Pg. 6)

2 pm: EF Village Thursday afternoon yoga (Pg. 8)

3:30 pm: World Storytime and Play for school-aged children, Falls Library (Pg. 6)

These dates are beyond January and worth noting in your calendar:

• 1 pm Saturday, Feb. 8: The ins and outs of the new requirement requiring a PennDOT REAL ID driver’s license for domestic airline travel by next October will be discussed at an EF Village program at the Falls Library, 3501 Midvale Ave.

Stay informed. If you don’t receive the EF Community Council’s weekly emails, send your email address to info@eastfallscommunity.org. To join the EFCC, visit www.eastfallscommunity.org.


Thank You

to our advertisers...
The folks who make East Falls *NOW* possible

Jefferson University
Dr Leaks
Petrone-Bershire Hathaway Real Estate
East Falls Eye Associates
East Falls Village
Wissahickon Brewery
Ameriprise Financial
Milo Restaurant
Connie Gillespie Real Estate Agent
Midvale Auto
East Falls Dentistry

East Falls Historical Society
Old Academy Players
Soli Fitness
Friends of the Falls of the Schuylkill Library
FX Duffy Accountants
McIlvaine Funeral Home
East Falls Presbyterian Church
Franks Pizza
Trolley Car Café
Aikikai of Philadelphia

Want to advertise? Contactads@eastfallsnow.com



Derrick Johnson
Owner, SoLi Fitness


SoLi FITNESS

EST. 2016 | EAST FALLS, PHILADELPHIA

PERSONAL TRAINING WITH YOU IN MIND.

- COMPLIMENTARY FITNESS CONSULTATION/EVALUATION
- 1 HOUR / 30 MIN. PERSONAL TRAINING SESSIONS
- NUTRITIONAL SUPPORT • SUPPLEMENTAL HOME WORKOUTS

SoLiFitness.com
267.971.2943



WISSAHICKON BREWING CO

Winter Events

MORE INFO AT WISSAHICKONBREW.COM

3705 W. SCHOOL HOUSE LANE
PHILADELPHIA, PA 19129



WISSAHICKON WARRIORS
Yoga
THURSDAYS 6-30PM
SUNDAYS 11-00AM



OPEN MIC OK OTTER
JAN 9 • JAN 23 7PM



Quizzo
HOSTED BY
THURSDAYS 7:45-9:15 SEAN P. MAGUIRE



WISSAHICKON BREWING CO. PRESENTS
HOMEBREWERS' POW WOW
IN THE BREWHOUSE
JANUARY 18TH

Join Up, Show Up, Speak Up

Take part in the EFCC’s monthly general membership meetings – 7 pm every second Monday, East Falls Presbyterian Church, Midvale and Vaux

Join an EFCC committee: Zoning, Events, Traffic, By-Laws. Contact info@eastfallscommunity.org

Do you have news for **East Falls NOW**? Contact editor@eastfallsnow.com

If you’re not getting **East Falls NOW**, contact info@eastfallsnow.com

School buses don't belong on Crawford or Conrad Sts.

It's simple. School buses don't belong on Crawford or Conrad Sts. in East Falls – especially buses idling their engines.

This mess started in early December, after asbestos was discovered at the T. M. Peirce Elementary School in North Philadelphia. The School District decided to bus Peirce's kindergarten through sixth grade students to space at 3300 Henry Ave., using classrooms vacated by a charter school at the rear of the property, along Scotts Ln.

Each grade has its own bus. That makes seven buses from the First Student, Inc. bus company. Every weekday

the students, and that by law they can idle their engines to warm up the vehicles.

Not much consideration for the obvious easy answer: Have the buses wait out on Henry Ave. between Allegheny Ave. and Scotts Ln. where there's plenty of room to park and not poison everyone with fumes. At dismissal time, have each bus or two pull up in intervals of a minute or two, so that there's no line of idling engines on Crawford or Conrad Sts.

This one isn't difficult.

Here's hoping that the parties involved have thought about this over the Christmas break, and that they are prepared to be problem solvers. That they're prepared to do the right thing.

If not, I have a question for the folks in the School District's transportation office, the people at First Student, Inc., and the members of our Board of Education. If seven buses were idling in front of your house every day, poisoning the air up and down the block, and you wanted to move your car but the message to you was, "Not to worry. Come back in 15 minutes," would you tolerate that?

I suspect not. Neither should our neighbors on Crawford and Conrad Sts. or the Community Council that represents them.

• • •

Many thanks to John Gillespie and his hearty band of volunteers who conducted the annual Christmas Tree Sale for the Friends of the Free Library. As you'll read on Page 11, they scored a record high in revenue.

This involved much heavy lifting in some cold and wet weather. Thanks, too, to Peicha Chang and Mark Hansen of Vault + Vine for use of their space, truck and muscle in delivering many of the trees.



First Student, Inc. buses parked on Crawford and Conrad Sts., most with engines idling. (Photos by John Gillespie and Bill Lally)

A message from the EFCC President



by Bill Epstein

they park on Crawford and Conrad Sts. up to a half hour before the 2:45 pm dismissal time. Many idle their engines, in spite of being asked not to. They choke the air with their diesel fumes and make it hard to breath, even for people who don't have asthma and are otherwise healthy.

Bad enough. But the buses block driveways and parking spaces. When one resident asked a First Student driver to move so that she could get her car out of her driveway she was told, "Come back in 15 minutes." This has happened to more than one resident.

A call to First Student, Inc. was useless. Another call to the School District's transportation office produced sympathy but no resolution. I was told that the buses have to be close to the Scotts Ln. driveway where they pick up

All you need to know about REAL ID

The REAL ID Act was passed by the U.S. Congress in 2005 and is a federal law enacted as a result of the September 11, 2001 attacks.

The Act establishes specific minimum federal standards for state-issued driver's licenses and ID cards to be accepted for certain federal purposes, such as entering a federal building or boarding a domestic commercial flight.

Enforcement of the REAL ID Act begins on October 1, 2020.

Beginning that date, Pennsylvanians will need a REAL ID-compliant driver's license, photo ID card, or another form of federally-acceptable identification (such as a valid passport or military ID) to board a domestic commercial flight or enter a federal building or military installation that requires ID.

My goal is to help raise awareness that this requirement for a REAL ID exists, and that it could involve time and effort to obtain depending on your personal situation.

REAL ID is optional for Pennsylvania residents. You do not need it to drive, vote, access hospitals, visit the post office, access federal courts or apply for or receive federal benefits, such as Social Security or veterans' benefits.

If you do not get a REAL ID, however, you must have an alternate form of federally acceptable identification (such as a valid passport or military ID) to board domestic commercial flights and enter certain federal facilities after October 1, 2020.

If you received your first PA

driver's license, learner's permit, or photo ID card after September 1, 2003, PennDOT might already have your REAL ID documentation on file. To find out if your required REAL ID documents are on file with PennDOT, apply at dmv.pa.gov/REALID. If PennDOT confirms that your documents are on file, you can order your REAL ID online. No need to visit a driver's license center!

The best thing you can do to prepare for REAL ID is to get your documents together.



Pam's Viewpoint

by St. Rep. Pamela A. DeLissio

Federal regulations require that PennDOT must verify original versions or certified copies of your following documents before issuing a REAL ID. You will need proof of identity – an original or certified copy of a birth certificate filed with the state office of vital records with a raised/embossed seal, issued by an authorized government agency, or a valid U.S. Passport or passport card.

If you do not have an original or certified birth certificate in your possession, it could take anywhere from two to five weeks with my office's assistance to obtain one from Pennsylvania.

You also will need proof of

Social Security number, such as a Social Security card; two proofs of current, physical PA address (examples include current PA license or ID, PA vehicle registration, auto insurance card or utility bill with the same name and address); and proof of all legal name changes (certified marriage certificate, court order, or divorce decree issued by your county's family court.)

If you are a lawfully present non-U.S. citizen, acceptable documents include unexpired Employment Authorization Card (EAD) issued by DHS; Forms I-766 or Form I-688B; valid Permanent Resident Card I-551 Permanent Resident Card (Green Card) Issued by DHS or INS; and valid foreign passport with a valid U.S. visa affixed, and an I-94 indicating temporary evidence of permanent residence.

Visit any PennDOT REAL ID center to have your documents verified and imaged and receive your REAL ID at the time of service. For a list, visit dmv.pa.gov/REALID.

Visit any PennDOT Driver License Center to have your documents verified and imaged, and receive your REAL ID within 15 business days.

Additional information can be found on-line at the PennDOT website, dmv.pa.gov/REALID/, or by calling my office, 215-482-8726.

And in case you're wondering, I plan to get a REAL ID card. I don't want to carry my passport when entering federal buildings, flying domestically or visiting military bases.

East Falls **NOW**

Published monthly and on-line by the East Falls Community Council
PO Box 12672, Philadelphia, PA 19129
www.eastfallsnow.com • www.eastfallscommunity.org

For news, contact: editor@eastfallsnow.com
For advertising, contact ads@eastfallsnow.com
For letters, contact letters@eastfallsnow.com
Everything else, contact info@eastfallsnow.com

Your East Falls Community Council:

William Epstein, President
Todd Baylson, Vice President and Zoning Chair
Mary Alice Duff, Vice President and Events Chair
Joseph Leube, Treasurer
Christina Spolsky, Communications Director and Corresponding Secretary
Mary Jean Cunningham, Recording Secretary and Membership Chair
Christopher Caporellie, Member, Executive Committee at Large
John Gillespie, Member, Executive Committee at Large and Transportation Chair
Thomas Flynn, Member, Executive Committee at Large
Alex Keating, Member, Executive Committee at Large
Emily Nichols, Member, Executive Committee at Large
Robert Rabinowitz, Member, Executive Committee at Large
Christopher Rooney, Member, Executive Committee at Large and By-Laws Chair
Barnaby Wittels, Immediate Past President

Printed by our partner in community news,
The Chestnut Hill Local, and delivered to
homes and businesses in East Falls

Spiders – can we give them chance?

Someone recently asked if I had any unpopular opinions. While this was not the answer I gave, it got me thinking and I realized that most people don't like spiders -- while I absolutely adore them.

So this month I'm going to see



Navin on Nature

by Navin Sasikumar

if I can convince you to love spiders, or at the very least to be less afraid of them.

Reasons for arachnophobia can range from actually being bitten by one (rare) to our genes. The fear also can be inherited from family and peers. Cobwebs and unpredictability of a spider's movements also make us fearful of them.

With that out of the way, let's

explore some of the reasons to be less afraid and perhaps even come to love spiders.

First of all, spiders are extremely beneficial to a healthy ecosystem. They prey upon many harmful insects and in turn are food for other larger organisms, such as birds.

Despite their bad reputation, spiders rarely bite humans. They would rather get and stay out of the way and will bite only in self-defense, if they are trapped between skin and clothing, for example. Most spiders in our area cannot even pierce human skin and only a handful are medically significant to humans.

While wolf and sac spiders can bite, their bites are not much different than a bite from any insect. Only the Black Widow and Brown Recluse are dangerous to humans, because their venom contains neurotoxins. But both like to stay far away from humans, and the Brown Recluse is not native to our area. The only way you might



Jumping spider

encounter a Brown Recluse is if it arrived via shipping boxes from a native area. Recluses also cannot survive our winters.

While most associate spiders with webs, many species of spiders do not make them. Jumping spiders hunt using their vision and can jump quite a long distance to capture prey. They are also among the cutest spiders around. Generally small, they have two large forward-facing eyes and look soft and fuzzy.

Wolf spiders also are visual hunters, actively chasing prey. Wolf spider mothers carry their eggs attached to their spinnerets (silk spinning organs.) Nursery web spiders also carry



Orchard Orb Weaver spider

their egg sacs, but they do so by their jaws and pedipalps.

One genus of nursery web spiders are the fishing spiders. They are large and semiaquatic and can run across water to catch their prey, which can sometimes include small fish. Some, such as the crab or flower spiders, are ambush predators, hiding perfectly camouflaged in flowers and nabbing unsuspecting insect visitors when they come too close.

Others are known for spinning webs. The orb-weavers are

quite varied and make interesting webs outside, while many of the cobweb spiders build their webs inside and are beneficial to have around, keeping mosquitoes and flies in check. Many others are tiny and most people rarely ever see them. They are just millimeters long and hunt among leaf litter on the ground.

The Philadelphia area has a spider seen nowhere else -- the Snetsinger's purseweb spider. Seen by very few people, this spider constructs a tube of webbing and lives inside, not even leaving to eat. If prey walks across the tube, the spider stabs at the prey from inside and drags it into the tube.

Spiders are varied and come in all sorts of colors, from blacks and browns to reds, yellows and greens. Many live interesting lives. Very few cause any harm to humans and most are highly beneficial. Give spiders a chance, and you'll be amazed by their wonderful lives.

Mid-winter Bird census set for Saturday, Jan. 11

(Continued from page 1)

list of sites to observe. Call 215-848-5131 or email us at wmoodyw@aol.com)

(2) If you feel comfortable in bird identification, you can call and leave a message on Jan. 11 before 4 pm with the number of each species of bird you observed on the day of the count only.

Because East Falls is situated on an edge of Fairmount Park, the neighborhood is vital to the census as a significant wildlife sanctuary, according to ornithologist Keith Russel. With a recent

study showing that nearly three billion North American birds have been lost since 1970, many of them once-common backyard birds, annual census data can be crucial to understanding the effects of a changing climate on avian populations. For people who are concerned about the environment, Philadelphia's efforts to track its bird population is especially welcome.

In 2008 Fairmount Park was named an Important Bird Area (IBA) by the National Audubon Society. The park is one of 82 IBAs in Pennsylvania -- the first state to recog-

nize IBAs.

Russell, a Mt. Airy resident and ornithologist with Audubon PA, said the annual census is "the only monitoring effort in which birds are counted throughout Philadelphia County -- what birds are present, where they are located, and how they change through the years."

The East Falls team will be one of 90 active across the city on Jan. 11.

We appreciate the efforts of Fallers who provide winter food and water for birds. Happy sightings!

EAST FALLS COMMUNITY COUNCIL

Volunteer powered, the East Falls Community Council represents the interests of the people of East Falls. We improve our quality of life through the work of our Zoning and Traffic committees, and by supporting:

- EF Town Watch • Friends of Mifflin
- Falls of Schuylkill Library • EF Village • Grants
- EF Tree Tenders • EF Sports Association
- EF Historical Society • McMichael Park
- Inn Yard Park • EF Community Garden
- Solarize East Falls • EF Dog Park, coming soon

We also sponsor events that improve and bring together our community:

- Mifflin Arboretum Clean-up • EF Flea Market
- Fallser Fest • Holiday Sing • EF House Tour

Use a credit card or PayPal online at www.eastfallscommunity.org or mail a check to: EFCC, PO Box 12672, Philadelphia, PA 19129

Paid Advertisement

4 Steps to Help You Have a Confident Retirement

The road to retirement is full of twists and turns that can make even the most financially secure person wonder if they saved enough for their next chapter. If you feel similar emotions, know you are not alone. Breaking down your retirement savings into four distinct components can help take the uncertainty out of planning for your financial future.

1. Cover the essentials

A fundamental step is to make sure your essential expenses are covered in retirement. Essential expenses include mortgage payments, groceries, utilities, transportation, insurance and other items that keep your life running. As you look at what basic expenses you may incur, be sure to account for inflation.

2. Ensuring your lifestyle

Beyond the essentials, you will need money for discretionary spending like pursuing hobbies and travelling. To cover these expenses, consider tapping into sources of income such as retirement accounts, savings accounts and investments. Determine how much you can comfortably withdraw from these sources to put toward your passions.

3. Preparing for unexpected events

No matter how carefully you plan, life can throw a curveball. Cash reserves, life insurance, disability insurance, long-term care insurance and appropriate health care coverage are critical to protecting your retirement plan.

4. Leaving a legacy

People often want to support loved ones and give back to the charities and causes they value. This starts with making sure your estate plan is in order. Ensure your accounts have the right beneficiaries named and your will updated.

Shawn C. Smith, APMA® is a Financial Advisor and Senior Vice President, with Hickory Pointe Financial Group, a private wealth advisory practice of Ameriprise Financial Services, Inc. in Plymouth Meeting, PA. and an East Falls Resident. Shawn.C.Smith@AMPF.com.

Investment advisory products and services are made available through Ameriprise Financial Services, Inc., a registered investment adviser. Ameriprise Financial Services, Inc. Member FINRA and SIPC. © 2019 Ameriprise Financial, Inc. All rights reserved. # 2186305



Hickory Pointe Financial
Group

Shawn C. Smith, APMA®
Financial Advisor
Senior Vice President

Associate with an Ameriprise
Financial franchise

Hickory Pointe Financial Group
A private wealth advisory practice of
Ameriprise Financial Services, Inc.

2250 Hickory Rd, Suite 110
Plymouth Meeting, PA 19462-1047

T: 610.828.1786
F: 610.940.3872

shawn.c.smith@ampf.com
hickorypointefinancialgroup.com



Aikido
THE **MARTIAL ART** OF PEACE
For more information: aikikaiofphiladelphia.org

Chief Instructor: Roderick Johnson : 215-843-2200

Martial arts for the family



AIKIKAI OF PHILADELPHIA
3502 Scotts Lane, Unit 1416 B,C, Philadelphia, PA 19129

Town Watch meeting focuses on crime; the tent is down!

The December meeting of the East Falls Town Watch drew nearly 30 residents concerned about persons breaking into homes and cars in the neighborhood.

Mary Jane Fullam, TW President, arranged for Assistant District Attorney Danielle Newsome and 39th District Police Office Joseph Lukaitis to brief the gathering on recent incidents, including one that resulted in an arrest of a man who had attempted to break into at least two East Falls homes.

That man, according to Lukaitis, had jumped bail in New York City.

Fullam said the takeaway from the meeting is that while the police and district attorney's office are supportive, community members are the first line of defense in neighborhood safety.

"If all of our neighbors take the basic safety steps of locking their doors, setting up lighting and calling 911 when they see something that doesn't look right, criminals would go elsewhere," she said.

Fullam said that in recent meetings with the police she has asked whether crime has increased in East Falls, or whether incidents have received more visibility in the media, or both. She said that 39th Police District Lt. Sean Bascom has agreed to provide data so that Town Watch can make its own assessment.

The EF Town Watch schedule for January:



Before

Before and after: Volunteers and supporters from East Falls Town Watch and East Falls Community Council on Dec. 21 took down an abandoned tent under the Twin Bridges on Fairmount Park property at the Kelly Ave. side of the parking lot operated by the EF Development Corp. The tent had been declared abandoned and short-dumped by city agencies. A week before the tent was removed, EFTW President Mary Jane Fullam posted a notice on the structure stating that 39th District Police would accompany the volunteers who cleared the property in case its owner wanted to take it first.

- Thursday, Jan. 9, 7:30 pm: Monthly Town Watch meeting, 3540 Indian Queen Ln. Bill Thornton, SEPTA Assistant Director of Surface Transportation, will attend to discuss what role SEPTA's buses can play in traffic calming.
- Saturday, Jan. 11, 10 am: TW's monthly Litter Crew

- Ahead cleanup; meet under the Twin Bridges at Ferry Rd. and Ridge Ave.
- Wednesday, Jan. 15, 6 pm: Police Service Area 1 meeting, Canaan Baptist Church, 5430 Pulaski Ave.
 - Monday, Jan. 27, 6 pm: Meeting with 39th Police District officials, 22nd St. and Hunting Park Ave.



After

Open house for Mt. Airy Learning Tree Jan. 16

The Mt. Airy Learning Tree -- offering nearly 300 courses three times a year -- has scheduled an open house for persons interested in serving as an instructor or enrolling in a class.

The session will take place from 5 to 7 pm Thursday, Jan. 16 at the Learning Tree's office, 6601 Greene St.

The MALT staff -- Stephanie, Nicki and Nima -- and several instructors will be available to answer questions about all Winter Term classes and to assist with enrollment.

Did we mention the hot cocoa and cookies from High Point Cafe? RSVP and ask

questions at info@mtairylearningtree.org

Founded in 1980, MALT builds community by providing shared learning opportunities throughout Mt. Airy and surrounding areas -- including a number of classes in and around East Falls. Topics range from A (Adventures in Sewing) to Z (Zumba). Classrooms are in local churches, schools, businesses and homes or outdoors in the Wissahickon and at local points of interest.

MALT celebrates the diversity of Northwest Philadelphia, bringing together neighbors to share a wide

variety of ideas, information and skills in informal learning environments. Courses encourage exchange among

people of different ages, reflect the backgrounds, experiences and talents of our community, and focus on

issues of concern to the community.



Connie Gillespie REALTOR®

Over 20 years listing and selling East Falls properties

Thinking of selling? Or buying?
Have questions?
Contact me for all your real estate needs.

215. 805. 0695. Cell
215. 487. 3300. X 423 Office
Connie@Elfantwissahickon.com

8039 Germantown Avenue, Philadelphia, PA 19118
2000 Pine Street, Philadelphia, PA 19103

Elfant & Wissahickon
— REALTORS® —

East Falls
Eye
Associates

**For appointments: 215-844-2406 • 4189 Ridge Ave.
Dr. Jesse A. Jones • www.eastfallseyes.com**

Blood drive, census top library schedule

The Falls of Schuylkill Library will kick off its January adult activities with a Red Cross blood drive at 12 noon Tuesday, Jan. 7.

The Red Cross will conduct the drive in the library's downstairs meeting room. Donors will get a free gift while supplies last. Although walk-ins will be welcomed, signing up is encouraged at the Red Cross website, red-crossblood.org.

Thursday, Jan. 7 will see a delayed opening at 2 pm for staff development, and on Monday, Jan. 20 the Library will be closed in observance of Martin Luther King Day.

A US Census Bureau representative will set up shop at the Library four times in January to discuss job opportunities in the 2020 census. Take advantage of this opportunity to ask questions and gather information about the job openings available. The sessions will take place from 4 to 7:30 pm on Wednesdays, Jan. 8, 15, 22, and 29.

On Monday, Jan. 13 at 6:30 pm the Library will host the monthly meeting of the Philadelphia Stoics. Fallsers are welcome to join this Stoic

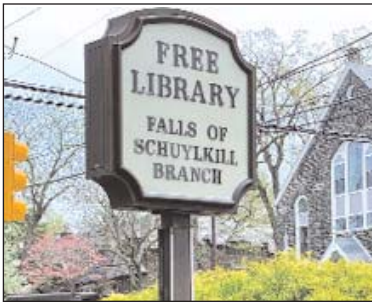
philosophy discussion group.

Later that week, at 6:30 pm Wednesday, Jan. 15 Fallsers can get their new year resolutions off on the right foot by learning how to get started on their fitness journey. A certified trainer and her assistant will walk participants through setting smart fitness goals, sharing ideas for effective and efficient meal prep, and how to schedule regular movement activities during one's day. This workshop is free. Bring a friend! Can't attend this month? This is program is a part of a series, so be sure to check next month's EF NOW for the February schedule.

This program is supported by the National Library of Medicine and National Institutes of Health in partnership with COFFEE 501(c)3.

Wrapping up the January adult program will be the Falls Book Group, at 6 pm Monday, Jan. 27.

The Falls Book Group is one of the Free Library's longest running programs and is open to all. Interested in joining? For reading selections or to attend a meeting, contact the adult librarian with your



name and contact info. A member of the book group will get back to you. The Book Group meets on either the third or fourth Monday of the month.

Children's programming

On the children's side, the Free Library's drop-in after school program, Literary Enrichment Afterschool Program (LEAP), offers homework assistance, computer literacy and library skills for students in grades K through 12 and daily literacy enrichment activities for elementary school students. This program takes place Monday through Thursday from 3 to 5:30 pm and Saturday from 1 to 5 pm. No sign-ups are required for LEAP and children under 7 must be accompanied by a caregiver.

The Library's Read with a Therapy Dog program will take a hiatus. For more information, contact librarian Meredith McGovern at mcgov-ernm@freelibrary.org or 215-685-2093.

The library will rock and roll on three Tuesday afternoons in January when Music and Movement takes place at 10:15 am Jan. 14, 21 and 28. Babies and toddlers will enjoy a parent-led music and dance story-time. Children will play maracas, shake pom poms, dance, and listen to music and dance-themed books. Come tire out your little ones and meet local parents. Groups and daycares should call the library to set up their own special visits.

At 11 am Thursday, Jan. 16 and 30, it's time for children aged two to six with caregivers to explore World Story-time and Play. Participants will read stories, listen to music and play with items from one of the library's World Traveling Trunks. On Jan. 16 youngsters will explore the Asian Pacific trunk and on Jan. 30 the West African trunk. Don't forget to get your Traveling

Trunk passport stamped.

On the same two Thursdays, at 3:30 pm, school-aged children will have an opportunity to travel the world without leaving the library by exploring the same trunks and getting their passports stamped.

These three programs will round out the children's schedule in January:

From 1 to 3 pm on Saturday, Jan. 4 it's Make Your Own Sensory Bottles. Kids will enjoy yoga and mindfulness exercises by creating sensory bottles with glitter to help focus their attention.

The following Saturday, Jan. 11 from 1 to 3 pm children can exercise their observational skills and stretch their ability to focus through mindfulness games in Nature Observations. Participants will be going outside, so they should dress warmly and for the weather.

On Saturday, Jan. 18 from 1 to 3 pm, Breathing Buddies will teach about breathing in yoga and meditation. Youngsters will make a "breathing buddy" animal to help them focus on their own breathing.

Kitchen Corner

Split pea soup – healthy and inexpensive

by Anne Farnese

Happy 2020. It's a new year, a new decade and time for resolutions.

Three are always on top-10 lists: lose weight, eat healthily and save money. Adding regular meals of split pea soup to your diet will help achieve all three.

Prices for a one-pound bag of split peas range from \$.99 for generic to \$2.99 for organic

brands. Even at the higher price point, this nutritious powerhouse food is a bargain. It's rich in nutrients that include folate, copper, manganese and B vitamins.

A one cup serving of cooked split peas delivers 16 grams of protein, 1 gram of fat and 16 grams of dietary fiber. That fiber not only can help reduce cholestero. It also slows glucose release and aids digestion. That's not all. At 231 calories per serving, it's easy to recog-



nize how beneficial split peas are to a weight loss plan.

Split pea soup is the most popular way to consume the tiny, dried legumes. Not only is

this soothe-the-soul soup healthy and delicious, it freezes well. Divide the soup among portion-size containers and freeze to have on hand an economical, easy to fix, low calorie, nutritious lunch.

Split Pea Soup

2 cups dried split peas rinsed and sorted
1 medium Spanish onion, medium-chopped
½ cup small-chopped carrots
½ ham hock (optional)
8+ cups water
Fill large pot with 8 cups

of water.

Add rinsed and sorted peas, onions, carrots and ham hock.

Bring contents to a boil then reduce to medium heat.

Skim off any scum that surfaces.

Lower heat to simmer, cover and cook, stirring often for about one and a half hours or until peas have turned creamy.

Remove ham hock. If mixture seems thick add more water ½ cup at a time.

For a smoky taste without using a ham hock, add a small amount of smoked paprika to taste.

MILO

The Meeting House

7165 Germantown Ave. • 215-310-7165

Vegan/Vegetarian/Pescatarian options

Beer garden and full liquor license, with 16 local craft beers on tap

5 to 9 pm Wednesday and Thursday;
5 to 12 pm Friday and Saturday
Breakfast Sat. and Sun., 10 am - 2 pm

Live music:
Wednesday - Jazz
Thursday - Reggae
Friday and Saturday - National acts
Sunday - Eagles on giant screen TV,
vegetarian barbeque and vegan specials

Eat in • Take out • Grubhub

2620

Happy New Year

From the Friends of the Falls of Schuylkill Library

The Friends invite you to help bring "2020 vision" to the future of the Friends of the Library.

Join a small group of lovers of our Library as they look strategically to the next 2—4 years at the purpose, plans and values of the Friends of the Library.

The planning starts in January. Help shape the Friends future.

Wanna join? Love to have you.
Email Margaretsadler@verizon.net.

The Library is the Heart of East Falls
Become a Friends member today:
www.eastfallslibraryfriends.org

Historical Society – a great volunteer opportunity

by Ellen Sheehan,
Co-President, EFHS

Now that it's January it's time to consider a new decade and a new leaf. Are you searching for even more resolutions for the New Year -- besides the usual more exercise and better diet? Why not commit to something that helps our community and heritage and gives us purpose, meaning and fun? The East Falls Historical Society (EFHS) offers some alternatives to your valuable free time. Our Grace Kelly Gallery, for instance, is moving in January for full time display at the NewCourtland Seniors Center on Henry Ave. This exhibit will occupy a primary location at the entrance to the facility. You could be part of arranging the design. The exhibit was on display at the Rotunda at Chestnut Hill College for the month of

December. Between the student/alumnae carol night, the Chestnut Hill Community House Tour and the faculty/staff/major donor's cocktail party, more than 1,000 people viewed the Gallery. Bringing it back to East Falls will enable even more people to appreciate this collection of Grace Kelly memorabilia. Parts of the collection, including Grace's flower design, will be on loan to the Philadelphia Flower Show in February/March. Another opportunity for volunteers is to consider conducting oral histories. We plan to interview the daughter of John Moxley and Kathleen McIntyre. They were part of the team that worked on ENIAC, the world's first electronic general-purpose computer, built right here in East Falls by scientists and programmers at the University of Pennsylvania. We have many more interesting people to interview



ENIAC, the first electronic general purpose computer

with your help. Our Historic Preservation Committee needs your help to identify at-risk locations, bridges and buildings. Research into the history, architecture and use of places identified as worthy is needed and rewarding. Writing applications to the Historic Commission are vital to protecting our community identification and preventing the unnecessary destruction of what makes us unique.

If you have donations that you believe are important to preserve, consider donating them to EFHS or being part of our Acquisition Committee. Examples of our inventory include military uniforms, original charter of the Italian Club, benches from Woodside Park, books, photos and memorabilia. Our Archive Committee oversees the proper conservation of these acquisitions. Archival paper, boxes and albums will ensure that the holdings of the EFHS are protected from the elements that contribute to their wear and tear. The Membership Committee requires computer skills to keep our members informed and current by notifying them of new information. The committee is vital to our revenue and support by annual solicitations for renewals. Are you interested in providing programs of interest to EF residents and others? Our free and open to the public programs are usually presented at the Falls Library and can involve power point presenta-

tions and always great refreshments. We have more than 150 historic photos in categories such as sports, buildings, businesses, churches, people, mansions, 1936 and 1990 collections. We would like to incorporate these into archival albums and make copies available to the public. Reference questions are answered through referrals from the Falls Library. This involves research into census records or consulting our Chadwick Papers, a collection of extensive EF history indexed for easy research. We keep records of our reference questions and track of our volunteer hours for the convenience of our friends at the library. If any of this appeals to your desire to "give back" to East Falls in a positive way and to use your talents to make a difference, please contact us and we will help you find the right fit. Happy New Year from the EFHS. For more information: sheehan21@comcast.net or 215-848-8396.

Happening in or near East Falls...

New place to hang out at night
Having debuted in September, the Thunder Mug Café at 4233 Ridge Ave. has expanded its hours to include service until 9 pm Wednesdays through Fridays. Get ready to relax and meet friends and enjoy coffee, tea, hot chocolate and pastries – including carrot cake -- along with board games to play. **Other food news:** Fallsers Sara Dreitlein and her husband, Keith, have

launched the Clean Plate Club Food Truck. You might have seen them at the EF Farmers Market or the Wisahickon Brewery. If you need catering for any kind of private event, visit cleanplateclubtruck@gmail.com. EF NOW also hears that In Riva owner/chef Artie Cavaliere is planning to open a British pub-style eatery in the Mark Sherman-owned former Taproom location, 3749 Midvale Ave. Watch the February issue for further

information. **And in the financial world...** Both banks in East Falls are merging. Say good-bye to DNB First on Ridge Ave., and say hello to S&T Bank. And say good-bye to BB&T on Midvale Ave., which is combining with Sun Trust to form a new entity, Trust. It wasn't that long ago that both banks were start-ups founded by Philadelphia businesspeople.

Great Pizza Since 1945

Cheesesteaks. Milkshakes. Sodas. Groceries

Fast Pick-up or Delivery Service

215-848-6433

corner of Fisk Ave. & Dobson St.

HOURS: 11 AM-10PM

Every home is special,
and every client is unique.

Whether you're buying, selling or leasing a
home, we can help you find just the right fit.

IT'S A NEW YEAR!

With the new year upon us, we would like to thank all of our clients in Philadelphia, Montgomery and Delaware Counties who have purchased, sold or leased a property with us this year. As we look back on 2019 with affection, we also look forward to 2020 with great anticipation.

Stop by our East Falls Office at 3519 Conrad Street, Philadelphia. The coffee is always on!

BERKSHIRE HATHAWAY
HomeServices
Fox & Roach, REALTORS®

Formerly Joseph D. Petrone Real Estate, Inc.
Serving the community since 1975

East Falls Office
3519 Conrad Street, Philadelphia PA 19129

215-849-4000
ThePetroneTeam.com

©2019 BHH Affiliates, LLC. An independently operated subsidiary of HomeServices of America, Inc., a Berkshire Hathaway affiliate, and a franchisee of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.®

Equal Housing Opportunity. Information not verified or guaranteed. If your home is currently listed with a Broker, this is not intended as a solicitation.

The
PETRONE
Team

Heather A. Petrone-Shook, ABR, SRES
Associate Broker
Cell/Text: 267.973.4847
heather.petronehook@foxroach.com

Joseph Petrone
Associate Broker
Cell/Text: 610-247-8668
joseph.petrone@foxroach.com

Feeney steps down as St. Bridget pastor; wants to 'serve the poor'

by John T. Gillespie

Rev. Robert T. Feeney, who says he wants to serve the poor, will step down as pastor of St. Bridget in January and return as an assistant pastor to St. John's parish in Manayunk, a role he held previously from 1990 to 1997.

"I want to minister to the poor," said the Philadelphia born and bred priest who initiated monthly trips to Center City to feed the homeless. The program grew popular among parishioners and eventually drew some 30 participants, many of them students from Jefferson and Drexel Universities.

"He stood out in his attention to the down and out and set an example for others in carrying out Christ's injunction to help the poor," said parishioner Sr. Dorothy Crowley, sister of St. Joseph and resident.

Fr. Feeney is proud of his Philadelphia roots. He was born and raised in the Port Richmond section of the city -- among the so-called river wards -- and Nativity B.V.M. parish. His father worked for Jack Frost Sugar; his mother cared for eight children.

He entered St. Charles Bor-

romeo Seminary in 1979, earned a Master's Degree in Divinity, and was ordained in 1986 by John Cardinal Krol. For the next 26 years, he served in a number of city parishes, including St. John's in Manayunk. For the next four years he served in Delaware County. During that time, returning to the city was never far from his mind.

"I missed being a city priest," he said in greeting St. Bridget parishioners on his appointment in June 2016. "When the Archbishop asked me where I wanted to be assigned, I put in a plea for a parish with a 191... zip code." The Archbishop granted his wish.

"This 'city boy' is now once again in the city and very, very happy to be back in Philadelphia once again," he told parishioners on his appointment.

Recently, Fr. Feeney has suffered health problems, necessitating dialysis treatments. He joked at a recent morning Mass that if he didn't get a new kidney soon, "you'll all be attending my funeral."

Fr. Stephen DeLacey, resident of St. Bridget and Director of Vocations for the Archdiocese, will administer



Father Robert Feeney

the parish until a new pastor is named. The timing is uncertain. Archbishop Chaput, who turned 75 in September, has submitted his resignation to Rome as required and is awaiting word on whether it will be accept-

ed. In a Christmas message to Philadelphia Catholics, he said "This will be my last Christmas as the serving Archbishop of Philadelphia." He added:

"Ministry in this archdiocese is one of the great gifts

and joys of my life. My memories of Philadelphia's priests, deacons, people, and religious are and always will be a treasure to me. I thank you for welcoming me among you. I arrived as a stranger, and you made Philadelphia my home."

New Year's Resolutions - EF Village can help

by Mary Flournoy

If your New Year's resolutions included getting fit to improve your health, applying for the new REAL ID driver's license, or trying a new cuisine, now's the time to join East Falls Village.

And Sunday, Jan. 5 is the perfect opportunity to learn more about the Village, our upcoming programs and our

reading programs at the Thomas Mifflin School. Join us from 3 to 5 pm at Jefferson University's Tuttleman Center, School House Ln. and Vaux St., for the Village's annual Winter Gathering. It's easy to register. Just email info@eastfallsvillage.org.

Winter Yoga Series

EF Village offers gentle yoga in two classes each week, Tuesdays from 10 to 11 am and Thursday from 2 to 3

pm. All classes are held at The Memorial Church of the Good Shepherd, 3820 The Oak Rd.

The dates for the Tuesday morning class are January 7 through March 31. The fee is \$88 for members of EF Vil-

payable to EFCC. They also can be mailed to EFCC, PO Box 12672, Philadelphia, PA 19129. Members also can register and pay online at eastfallsvillage.org.

Our yoga instructors have experience teaching to all ages -- and folks with joint replacements, arthritis, etc. Some of the movements can be done sitting or holding on to a chair. Each class begins and ends with breathing and relaxation. Benefits of yoga include lower blood pressure, improved balance, reduced anxiety, and better overall well-being. Yoga is especially recommended for seniors. The age range in the EFV classes is from 50 to 90, but all ages, women and men, are welcome.

Interested? Join us! For more information, email info@eastfallsvillage.org.



lage and \$121 for non-members. The Thursday classes run from January 9 to March 26 and the fee is \$96 for Village members and \$132 for non-members. Non-members should call the Village phone at 267-444-4507 to register and then bring a check to class. Checks should be made

Lunch of the Month: The White Yak

Every month EF Village sponsors a Lunch of the Month in restaurants in or near East Falls. We split the bill. On Wednesday, Jan. 8, we will visit The White Yak, a new restaurant in Roxborough. Craig LaBan, the Inquirer food critic, raved about the White Yak and its Tibetan specialties related to both Chinese and Indian cuisines.

To join us, please call the Village at 267-444-4507 to register. We will carpool from the Library at 11:30 am or meet at the restaurant, 6118 Ridge Ave., at 11:45 am.

REAL ID: What You Need to Know

The ins and outs of the new requirement for airline travel requiring a REAL ID drivers' license will be discussed at an EF Village program at the Falls Library, 3501 Midvale Ave., at 1 pm Saturday, Feb. 8.

East Falls Village: Something for everyone!

EF Village has programs -- some on seniors' issues, some on other interesting topics, lunches and tours of museums. Services for members include help with technology, including phones, all types of computers and printers, and rides to medical appointments or grocery shopping. For more information, visit eastfallsvillage.org. The "How to Join" includes information on our service area and membership levels, including Assisted Memberships. Pick up a membership brochure at the front desk of the Library or call 267-444-4507 to have one sent to you.



East Falls
Historical Society

Discovering, Preserving and Appreciating
the History of East Falls:
An opportunity to Get Involved



Our activities include: public programs
such as lectures and walking tours;
researching inquiries; creating oral
histories; advocating for the historic
preservation of landmarks.



For membership information,
contact katy.hineline@gmail.com.
For other inquiries please contact
pcheek2002@yahoo.com.
And, visit us on Facebook!



F.X.DUFFY & Co.
CERTIFIED PUBLIC
ACCOUNTANTS

KEVIN P. DUFFY, CPA

4265 Kelly Drive
Philadelphia, PA 19129
Tel. 215-438-8400
Fax 215-438-9630

HIDDEN RIVER TUTORING

By Ray Lucci, M. Ed. Chem., M. Ed.

Offering services in Biology, Chemistry and Environmental Science
to the high school and beginning college student. Adjunct Faculty
member, Eastern University; recently retired, G.W. Carver High
School for Engineering & Science.

Fully credentialed, licensed with all state clearances
Reasonable rates and flexible schedule
Contact rplucci@comcast.net

Barefoot Opens Jan. 10 at Old Academy

The Old Academy Players continue their 97th season with the comedy *Barefoot in the Park* by American playwright, screenwriter, television writer, and librettist Neil Simon.

Directed by Jane Jennings and produced by Elliot Rotman and Steve Peitzman, the show runs Jan. 10, 11, 17, 18, 19, 24, 25, and 26. Friday and Saturday curtain time is 8 p.m. Sunday is 2 pm.

Barefoot is a classic romantic comedy that has enchanted Broadway and national audiences. When young newlweds, free-spirited Corie and sensible Paul, move into their first apartment, their passion is tested by the problems of New York City living. Add a humorous, over-involved mother-in-law, an eccentric, frisky upstairs neighbor, five flights of stairs and the wit of playwright Neil Simon, and the sum has made for great theatre for more than 50 years.

In 1963 *Barefoot in the Park* opened on Broadway, starring Elizabeth Ashley and Robert Redford. It earned three Tony Award Nominations (Play, Director, and Actress), winning for Best Director. The show ran for 1,530 performances, closing on June 25, 1967, making it Neil Simon's longest-running hit and the tenth longest-running non-musical play in Broadway history. Redford reprised his role with Jane Fonda in the 1967 hit movie.

In 1983 Simon became the only living playwright to have a New York City theatre named after him. The Alvin Theatre on Broadway was renamed the Neil Simon Theatre in his honor, and he was an honorary member of Philadelphia's Walnut Street Theatre's board of trustees. Also in 1983, Simon was inducted into the American Theater Hall of Fame. In 1965, he won the Tony Award for Best Playwright (*The Odd Couple*), and in 1975 a special Tony Award for his overall contribution to American theater. Simon won the 1978 Golden Globe Award for Best Motion Picture Screenplay for *The Goodbye Girl*. For *Brighton Beach Memoirs* (1983), he was awarded the New York Drama Critics' Circle Award, followed by another Tony Award for Best Play of 1985, *Biloxi Blues*. In 1991 he won the Pulitzer Prize along with the Tony Award for *Lost in Yonkers* (1991). In 2006, Simon received the Mark Twain Prize for American Humor.

Old Academy Players' stellar cast in this, its 523rd production, features Bonnie Kapenstein as Mother, Marisa Block as Corie, Nolan Maher as Paul, Sam Gugino as Velasco, Michael Jeffrey Cohen as Telephone Man, and Jerry Jennings as Delivery Man.

Parking for all performances is free. Ticket price is \$20 per adult; \$10 per student

Old Academy's cast for *Barefoot in the Park* includes, standing from left, Sam Gugino as Velasco and Nolan Maher as Paul; seated from left, Bonnie Kapenstein as Mother and Marisa Bolock as Corie.

with valid ID. Buy tickets online at www.OldAcademy-Players.org. Old Academy welcomes groups! Take advantage of group discount pricing at \$17 per person with 15 or more people. Call 215-843-1109 for more information and tickets.

Old Academy Players, where Grace Kelly and Robert Prosky made their stage debuts, is a non-profit community theater located at 3544 Indian Queen Ln. in East Falls. Constructed in

1819, the Old Academy building has been the OAP home since 1932. Old Academy Players has provided continuous community theater since 1923 and is a member of the Greater Philadelphia Cultural Alliance.

DETECT & REPAIR LEAK SERVICE

DR. LEAKS heals homes and places of business with its proven process of water leak detection and repair.

OFFICE

We address office spaces and schools with results that enable your staff to do the work you do best.

COMMERCIAL

We attend to stores and retail spaces with results that help your customers find your products.

RESIDENTIAL

We care for homes at the heart of our lives with results that return the comfort and relaxation you need.

RESTAURANT

We serve restaurants and hospitality spaces with results that invite your patrons to enjoy your craft.

INDUSTRIAL

We work on warehouses and industrial spaces with results that keep you meeting your productivity goals.

215-717-9667 • DrLeaksPhilly.com • info@DrLeaksPhilly.com

NouVaux – New market on Vaux St.

(Continued from page 1)

shovels, scrapers, and side-walk salt.

“I want to be the place people come to for all their groceries -- not just when they forget a lime or onion -- but we hope to cater to all East Falls residents in all their needs,” said Lampe, who lives nearby on Osmond St.

The challenging part for NouVaux, however, is knowing exactly what customers are looking to buy while simultaneously finding the right balance to keep on hand. Lampe says they are learning day by day and constantly are looking for requests on items to stock.

“Some more unique ideas I’ve had are to display local

art for sale on the walls above produce, as well as having a FedEx and UPS drop off inside the store for all to use,” Lampe said. But the most exciting prospect for him?

“I would really love to have certain days where East Falls community members come into NouVaux, share their recipes, and we’d be able to serve that same food to the rest of the community. We’d be using local foods, showcasing local recipes, and passing down local cultures and traditions. We just have to look and see if it’s possible, but the sky’s the limit right now.”

NouVaux is located at 3539 Vaux Street and is open Monday through Friday, 8 am to 7 pm, Saturday 8 am to 5 pm and Sunday 8 am to 3 pm.



NuoVaux Market owner Ed Lampe (left) and his colleague Rodney Pagan shortly after the grand opening of the new store at 3539 Vaux St.



Mulch is distributed for McMichael Park.

Friends of McMichael Park meeting Jan. 7

by Alexis Franklin

Happy New Year to all from the Friends of McMichael Park (FOMP.)

Our year will begin with our annual open meeting at 6:30 pm Tuesday, Jan. 7 at the Falls Presbyterian Church. Please join in as we toast the new year and the celebration of the Friends of McMichael Park -- 30 years young!

- The agenda will include:
- Friends of McMichael Park is registered with Philadelphia Parks & Recreation (PP&R) for 2020;
 - FOMP 2019 treasury;
 - Parks on Tap in 2020;
 - An Activities Grant of \$1,000 secured with the help of Councilman Curtis Jones, Jr.
 - Turf Work: PP&R was able to work on 70 percent of McMichael Park this past fall, leaving 30 percent still to be tended -- on the Henry Ave. side. PP&R plans is to return in the spring and finish the aeration, seeding and adding of topsoil;
 - Stormwater issues;
 - Mulch pile: Power Corp volunteers came on a cold December Thursday and tackled the mulch pile. Trees and tree pits were tended to with the help of Jason Mifflin of PP&R;
 - Our Midvale Ave. lighting in the interior of the park was restored;
 - Electrical box project with Jefferson University students;
 - Plans for Lovelights 2020;
 - Movie Night: what’s in store for 2020 after the film Moana in 2019; and,
 - Free theater in July with a new production company next year.
- We will have a party for FOMP’s 30th anniversary. Help us plan the celebration. Please save the dates for Love Your Park Week 2020: Saturday, May 9 through Sunday, May 17.

Community Giving

Volunteering in East Falls

Have some extra time on your hands?
Interested in giving back to the East Falls Community?
There are a lot of organizations that would love to have your help!

East Falls Historical Society
Keeping the History of East Falls alive.
Sheehan21@comcast.net or pcheek@yahoo.com

East Falls Sports Association
Help East Falls children participate in sports.
Send clearances to: jmartell@att.net

East Falls Town Watch
Serving our community
eastfallstownwatch@gmail.com, 215-848-2033

East Falls Tree Tenders
Help planting trees in East Falls.
crk3114@msn.com

East Falls Village
Helps residents stay in their homes as they grow older.
volunteers@eastfallsvillage.org or 267-444-4507

East Falls Zoning Committee
Stewardship of East Falls Zoning issues.
Email: zoning@eastfallscommunity.org

Friends of the Falls of the Schuylkill Library
Promotes the needs & the knowledge of the library.
Nina.coffin@eastfallslibraryfriends.org

Friends of Inn Yard Park
Help maintain Inn Yard Park.
suemhp@gmail.com

Friends of McMichael Park
Help maintain McMichael Park
LEXY3904@GMAIL.COM

Friends of Mifflin
Helping school children with their school work.
Send clearances to: lmason@philasd.org

Saturday Morning Sandwich Making
Making sandwiches for the hungry for over 25 years.
Contact Fran Chicchi at: 215-848-5199

BIRTHDAY PARTIES
WEDDINGS
CELEBRATIONS!

BRAND NEW DINING ROOM

HOST YOUR NEXT EVENT AT THE CAFE!

3269 S. FERRY RD, EAST FALLS | TROLLEYCARCAFE.COM | 267-385-6703

EAST FALLS FAMILY DENTISTRY

Dr. Hyosun Christine Kim D.M.D., FICOI

3722-24 Midvale Ave. | T. 215/849/1826
Philadelphia, PA 19129 | F. 215/849/8828

EastFallsDentist@gmail.com
DrKIMDMD.com

We Accept Most Insurance Plans

Office Hours:
M-Th: 9:00am-6:00pm • Sat: by appointments

Implants & Invisalign available



Getting ready to enjoy the Pennsylvania Ballet's The Nutcracker at the Academy of Music courtesy of the ballet company are, center, 14-year-old Guatemalan patient Sofia and, from left, mom Lesly, The Nutcracker's Mouse Queen and East Falls Hosts for Hospitals volunteer Donna Boling.

From Guatemala to East Falls: Volunteer team addresses health care needs of 14-year-old

(Continued from page 1)

that she requires a wheelchair for mobility. She needs complex surgical care not available in Guatemala. But this story is not about the two of us. It is about the volunteer physicians, social workers and volunteers from the World Pediatric Project, the staff and volunteers from Hosts for Hospitals, the Pennsylvania Ballet -- which brought Sofia and her mother backstage and had them seated on stage in the throne before they watched The Nutcracker -- and our Mt. Airy

dentist who has offered to provide dental care before the family returns to Guatemala. This story is a shout-out to all of the people who, given the chance, demonstrate a humanity and personally joyful empathy for others that, in these cynical and difficult times, is too absent from our awareness. Both Hosts for Hospitals and the World Pediatric Project are in need of volunteers and financial support. Their websites are: <http://www.hostsforhospitals.org/> and <https://www.worldpediatricproject.org/>

Library tree sale nets record \$5,219

by John T. Gillespie

Fueled by first-ever credit card sales, 30 enthusiastic volunteers and a holiday atmosphere at Vault + Vine on Midvale Ave., Friends of the Falls of Schuylkill Library scored record sales of Christmas trees in five days. All proceeds go toward programs at the library. The Friends sold 173 out of 177 trees, raising \$12,384.22 in cash (\$2,900), credit (\$8,989.22), and checks (\$495) against costs of \$7,165 for the tree. This left a profit of \$5,219.22, a record. Of trees sold, 129, or 72.8 percent, were paid for with credit card. Terry Cunningham, a member of the Friends and a sales volunteer, set up a so-called "Square" account with BB&T Bank for the Friends. Purchasing a Square magnetic strip card reader the day before the sale began, Cunningham arranged for sales to be deposited directly into the Friends account. Vault + Vine processed the credit card sales. The arrangement with Square is permanent and may be activated by the Friends at any time. The Square processing fee is 2.6%, plus \$0.10 per transaction. Some 30 volunteers worked 11 shifts over five days -- including two with difficult -- weather. After unloading two shipments of trees, volunteers hauled, trimmed, bailed, and loaded trees for customers. Others handled the details of the sales. Despite the absence of table top sized trees of two to four feet and some lost sales as a result, the Friends sold all but four trees -- three of them 10-footers. The remaining trees were turned over at cost to Stanley's True Value Hardware on Ridge Ave.



Part of the team of more than 30 local residents who helped carry out the record-breaking Friends of the Falls Library annual Christmas tree sale. Terry Cunningham, front center, set up credit card access that resulted in record sales.



Olivia Lewandowski and her father, Brad, prepare to select their Christmas tree during the Friends of the Falls Library record-setting sale at Vault + Vine.

JOHN B. McILVAINE, F.D.
1937-2002

J. BOYD McILVAINE, F.D.
J. BOYD McILVAINE Jr., SUPV.

McIlvaine Funeral Home

3711 MIDVALE AVENUE
EAST FALLS
215-844-0211
PRE-ARRANGEMENTS WELCOME

GUS DiSTEFANO
ASSOCIATE

JOAN C. McILVAINE
MANAGER


MIDVALE AVENUE AUTO SERVICE

3629 Midvale Avenue, Philadelphia, PA 19129

Tel: 215-843-1533 MidvaleAveAuto@yahoo.com
Fax: 215-843-5171 MidvaleAvenueAutoRepairService.com

PA Auto/Motorcycle Inspection and Emissions,
Computer Diagnostics, Oil Changes,
Air Conditioning Service, and
Fatory Scheduled Maintenance

We also service Classic Vehicles



East Falls Village

STAYING IN PLACE IN OUR COMMUNITY

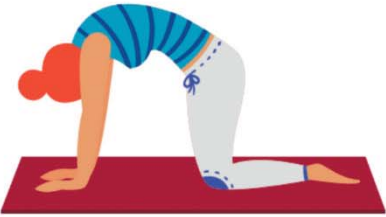
East Falls Village empowers local seniors to live healthy and meaningful lives in their own homes.

WINTER YOGA CLASSES
Church of the Good Shepherd
3820 The Oak Road

Tuesdays 10AM - 11AM
January 7 - March 31
Fee - \$88 for members of EFV; \$121 for non-members

Thursdays 2PM - 3PM
January 9 - March 26
Fee - \$96 for members of EFV; \$132 for non-members

Please bring a check payable to EFCC to class.
Email info@eastfallsvillage.org for more information.



"No matter what your state of mind when you enter the class, you will feel relaxed and refreshed when you leave."

Learn More or Join:
Call (267) 444 - 4507
Visit EastFallsVillage.org

All of us at
THOMAS JEFFERSON
UNIVERSITY
wish our neighbors a very
happy and prosperous New Year!

At Jefferson, we are reshaping education
for the 21st century.

REDEFINING HUMANLY POSSIBLE



Jefferson
Thomas Jefferson University
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

ARCHITECTURE • DESIGN • FASHION & TEXTILES • BUSINESS • ENGINEERING • HEALTH • SCIENCE • SOCIAL SCIENCE

JEFFERSON.EDU

